

Office of Communications

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FOR IMMEDIATE RELEASE Friday, Feb. 20, 2009

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MEDIA ADVISORY

W&OD Trail 5K

Saturday, March 28, 2009

Attention runners – the City of Falls Church invites you to lace up for the W&OD Trail 5K, on Saturday, March 28 at 4 p.m. The race starts and finishes at the Masonic Lodge, located at 411 Little Falls St. Congressman Jim Moran will start the race.

The course runs on the Washington & Old Dominion (W&OD) Trail, from the Masonic Lodge with a turnaround at Shreve Road. The Falls Church Police Department and Boy Scouts will control traffic and runners where the trail intersects with Great Falls, Oak, Spring and West streets.

The race benefits Boy Scout troops 681 and 895 and the Falls Church Education Foundation. Registration forms are available at www.fallschurchva.gov.

The race is organized by the Friends of the W&OD Trail, and is co-sponsored by Brown's Hardware, Bill Page Toyota, Don Beyer Kia, Arlington Cooperation Foundation, Metro Run & Walk, Roadrunner Sports, and Dogwood Tavern.

For more information contact Gordon Wisotzki at 703-477-9450, or Roger Neighborgall at 703-819-7047 or rneighborgall@dh-inc.com.

WHAT: W&OD Trail 5K

WHEN: Saturday, March 28, 2009, 4 p.m.

WHERE: 411 Little Falls St., Falls Church, Virginia 22046

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www.fallschurchva.gov